

A suggested Home Care Plan for Dry Mouth sufferers

- 1 Use Dry Mouth Gel as required (day or night) to relieve the symptoms of dry mouth
- 2 Floss teeth once a day
- 3 Brush teeth and gums after meals using a fluoride toothpaste and soft toothbrush (or electric toothbrush)
- 4 Use Tooth Mousse Plus each night after tooth brushing. For high risk patients an additional application in the morning may be required.

Tooth Mousse Plus Application technique:

- Using a clean dry finger apply sufficient (approx 1 gram) GC Tooth Mousse Plus to coat all upper and lower teeth. For difficult areas (between the teeth) use an Interproximal Tooth Cleaning Brush or dental floss coated with GC Tooth Mousse Plus.
- Leave GC Tooth Mousse Plus on the teeth undisturbed for a minimum of 3 minutes.
- Use the tongue to spread the remaining GC Tooth Mousse Plus throughout the mouth. Hold in the mouth for as long as possible (a further 1–2 minutes), as the longer GC Tooth Mousse Plus and saliva are maintained in the mouth, the more effective the result.
- Expectorate thoroughly. Avoid rinsing and do not eat or drink for 30 minutes following application.

GC Tooth Mousse Plus

Topical crème with calcium, phosphate and fluoride

Assorted pack, 10 pcs.
4x Mint, 4x Strawberry, 2x Vanilla



GC Dry Mouth Gel

Comfort for Dry Mouth Sufferers

Assorted pack, 10 pcs.
2 each Fruit Salad, Raspberry, Orange, Lemon, Mint



GC Tooth Mousse Plus
Patient Brochures
Pkt 25



GC Dry Mouth Gel
Patient Brochures
Pkt 25



GC Asia Dental Pte Ltd
Changi Logistics Centre
19 Loyang Way #06-27 Singapore 508724
Tel +65 6546 7588 Fax +65 6546 7577
www.gcasia.info

Copyright © 2010
oa TMDMG Soln 04/10

SOLUTIONS FOR DRY MOUTH SUFFERERS



Saliva is nature's miracle in your mouth.

Saliva – defender of the oral cavity.

Saliva is our body's natural protection system for mouth and teeth. The breakdown and digestion of food is essential for our survival, hence the importance of saliva's role in maintaining the health of our teeth and surrounding soft tissue.

Salivary functions include:

- "Flushing" the oral cavity
- Buffering acid challenges
- Protection against demineralisation
- Remineralisation
- Lubrication
- Taste
- Bolus formation
- Digestion
- Antibacterial, antifungal and antiviral functions
- Wound healing

Why do patients with reduced salivary flow need guidance from Oral Health Professionals?

Reduced salivary flow means reduced protection for teeth. Patients will benefit from your professional guidance and recommendations. The impact of reduced salivary flow can be seen clinically as:

- Continuing caries
- Erosion
- Dentine hypersensitivity
- Soft tissue changes

A patient's symptoms of dry mouth include interrupted sleep and a lack of lubrication while eating, swallowing and talking.

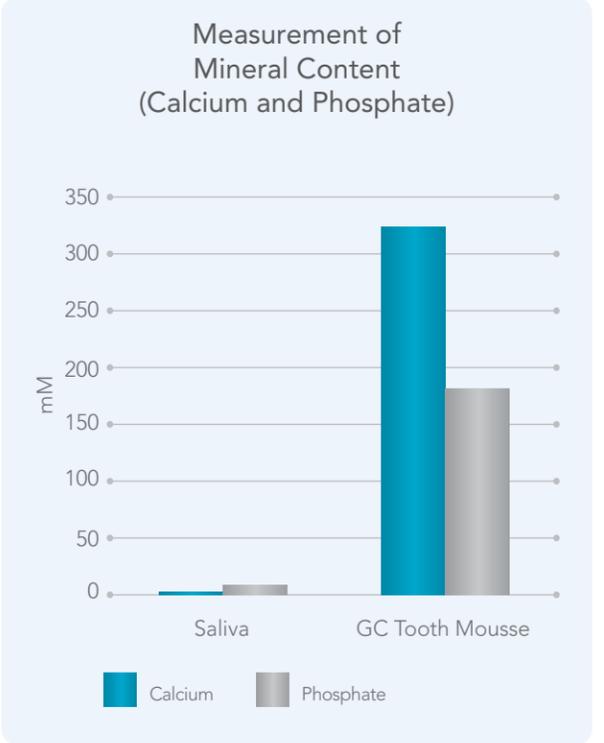
The causal factors could be lifestyle related (eg. inadequate fluid intake, strenuous sports activity, dehydrating work environment, recreational drug use), systemic (diabetes, Sjögrens syndrome) or as a side effect of medications (eg. antidepressants, decongestants etc.).

To achieve and maintain a healthy oral environment, dry mouth sufferers need your guidance and a home care plan.

Dry Mouth Solution - Additional protection for teeth

GC Tooth Mousse Plus

GC Tooth Mousse Plus is a water based topical crème containing RECALDENT™ (CPP-ACP) and fluoride. RECALDENT™(CPP-ACP) is a peptide that stabilises and delivers calcium and phosphate to restore mineral balance, neutralise acid challenges and provide extra protection for teeth. From this perspective RECALDENT™(CPP-ACP) fulfils a similar role to that of the salivary protein statherin, which is one of many protein systems within the body that transport calcium and phosphate essential for the growth and health of our teeth and bones.

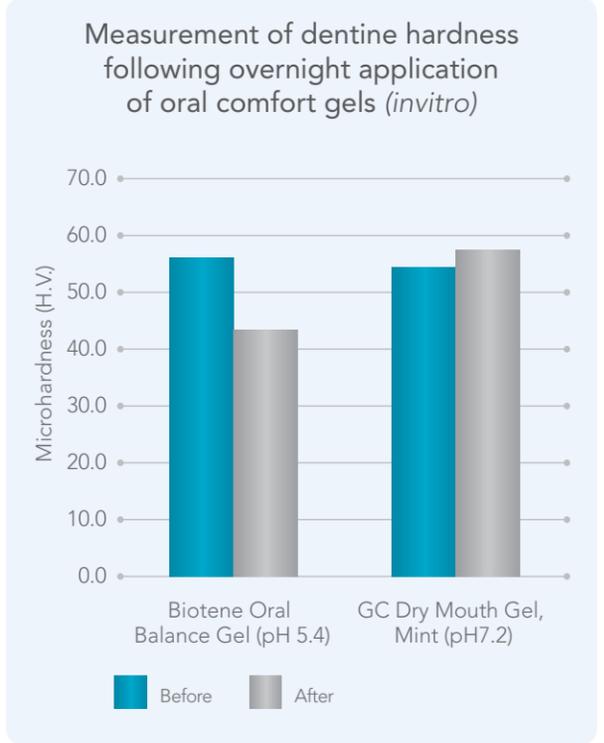


GCR&D Dept.
Tooth Mousse Plus is not recommended for patients under the age of 6 and overnight application is not recommended for children under 12.

Dry Mouth Solution - Relief from the symptoms of dry mouth

GC Dry Mouth Gel

GC Dry Mouth Gel is a clear, neutral pH gel that provides oral comfort and lubrication to patients experiencing symptoms of dry mouth. The gel comes in a range of 5 flavours to help stimulate saliva and provide a variety of pleasant taste alternatives. GC Dry Mouth Gel forms a protective coating on the oral mucosa, providing up to 4 hours relief from the symptoms of dry mouth. To help stabilise and maintain an oral environment which favours remineralisation, GC Dry Mouth Gel has a neutral pH.



GC R&D Dept.
Test protocol on file
Biotene Oral Balance Gel is not a trademark of GC Corporation